

ST. JUDE WRESTLING

ATTENTION All BOYS IN GRADES K-8

**PRE-SEASON CALL OUT MEETING WILL BE ON
MONDAY DECEMBER 10TH FROM 5-6:30 IN THE
ST. JUDE GYM**

- Pizza and Drinks will be provided
- Uniforms (Singlet and Head Gear) will be issued
- Order forms for optional two piece competition uniform will be distributed (more on that to follow)
- If you have some old and/or outgrown wrestling shoes to donate to the younger boys in the program, that would be appreciated
- A limited supply of loaner wrestling shoes will be available.

There are some changes in the Southside Wrestling Community this year. St. Jude Cadet Wrestling will be combined with St. Roch, Nativity, Holy Name and Central Catholic. That means the K-4 matches will likely involve the K-4 kids only. Details will be worked out prior to the season.

K-4 wrestlers **DO NOT** register through the CYO site. All registration and fees will be handled through Coach Houser and not through the CYO site.

Grades K-4 register directly with the St Jude wrestling coaches at the call-out meeting in early December (day and time TBA)

Fee: \$60 includes team shirt

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- K-4 Practices will be held every Monday and Wednesday, 5:30 - 7:00, beginning Tuesday January 8th
- Practice will be held in the balcony of the gym
- Roncalli will be offering free RWF club practices every Tuesday and Thursday from 6:30 until 8:00 at Roncalli's wrestling room. Wrestlers are encouraged to attend for some extra instruction and competition.

There is opportunity to wrestle in matches hosted by Roncalli Wrestling Foundation (RWF) prior to the CYO season. RWF practices have begun and are held in the Roncalli Wrestling Room on Tuesday and Thursday evenings from 6:45 to 8:00 pm. All Southside wrestlers are welcomed and encouraged to get some extra mat time in preparation for the upcoming season. If your son is in need of some shoes and/or head gear for practice let me know

ELEM (K-6) Weight Classes:

43,49,54,59,63,68,73,78,84,90,98,105,115,130, HWT (up to 175)

Dual Tournaments (each tournament is \$10 entry fee, elem and ms unless noted)

December 2 @ Franklin

December 9 @ Perry Meridian (ELEM ONLY)

December 16 @ Roncalli

January 5 @ Team State Franklin (ELEM ONLY)

January 13 @ Roncalli

Individual Tournaments (outside of CYO, each tournament is usually \$10-\$15 entry fee, elem and ms)

January 27 @ Carmel - IHSWCA Middle School State

February 3 @ Danville IL - Spartan Rumble

February 10 @ Columbus North HS - Folkstyle Open

February 23 @ Center Grove HS- Folkstyle Open

March 9-10 @ Warren Central - ISWA Folkstyle State

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If you have any questions with regards to the upcoming wrestling season and any of the changes, don't hesitate to email or call or text me (shouser@roncalli.org or 317-250-4486) or Coach Wade McClurg (wrestling@roncalli.org). The Southside wrestling family is excited about this season and ushering in a new era in Southside CYO Wrestling.

Visit the St. Jude Wrestling Website for updated information throughout the season: <https://www.stjudeindy.org/wrestling>

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Contact: Scott Houser - shouser@roncalli.org or (317) 250-4486

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Roncalli Wrestling Club

All St. Jude wrestlers are invited to participate in the Rebel Wrestling Foundation. Practices are held on Mondays and Thursdays from 6:30 to 8:00pm in the Roncalli wrestling room.

Club practices have already begun and will run from now until the end of the school year. There will be opportunities to compete in ISWA wrestling meets prior to the CYO wrestling season.

Contact Coach Wade McClurg at:

wrestling@roncalli.org

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Parent meeting notes

- practice
- meets - what they are like
- season schedule 5 duals 2 or 3 tournaments